

Spring Cleaning CHALLENGE



A fun way to get motivated to start cleaning up and cleaning out!

HOW THE CHALLENGE WORKS

CHOOSE YOUR TASKS

The choice-boards on the next two pages list the details of the Cleaning Up and Cleaning Out tasks. You are free to choose whichever tasks you feel would have the biggest impact on your home.

TRACK YOUR PROGRESS

The final page is your personal progress tracker. Post that page on your refrigerator and enjoy the feeling of checking off tasks as you go.

CHECK YOUR EMAIL

I will be sending out encouraging morale boosters and important reminders throughout the challenge, so keep your eye on your inbox!

GET CREDIT

After you complete your last task, submit the Official Task Form before the deadline: Midnight, Saturday March 27. The link to the form is on the main challenge webpage.

EARN A REWARD!

Everyone who completes at least one task by the deadline will earn access to the Spring Cleaning Savings Bundle! Details to follow...

WIN A PRIZE?

The participant who completes the most tasks by the deadline will win a free Personal Consultation! That's a value of \$49!

JOIN THE CELEBRATION!

Sunday, March 28 - 1pm HT, 4pm PT, 5pm MT, 6pm CT, 7pm ET.

We will gather in a private zoom meeting to celebrate our spring cleaning successes, reveal the secret link to the Savings Bundle, and announce the grand prize winner! Could it be you? I hope so!



CLEANING UP TASKS



RIGHT ROOM TIDY

Walk through the house, and every time you see something in the *wrong* room, put it in the *right* room. It doesn't have to be perfectly tidy, just "right room" tidy.

TIDY THE PLAY AREAS

Work with your kids to get all their toys put away nicely. If you have so many toys that this isn't possible, create an "overflow bin" for the extra toys temporarily.

ONE BATHROOM

Put everything away where it belongs. Then clean the counters, mirrors, shower, toilet, floors, everything! Earn credit for each bathroom you clean.

KITCHEN COUNTERS

Work as a family to clear the kitchen counters. Don't hide things in the junk drawers! Put it where it really belongs. Then give the counters a good scrub down.

DUST AND VACUUM

If your home is large, you can earn credit for this twice. Be sure to specify which sections of your home you have dusted and vacuumed each time.

MASTER BEDROOM

Put everything away where it belongs and make the bed. Catch up with the laundry while you're at it! Make your bedroom the peaceful place it should be.

ONE KID'S BEDROOM

Work with your child to put their clothes, shoes, books, and toys away and make the room beautiful! You can earn credit for each kid's bedroom you clean.

SWEEP THE GARAGE

Get everything up and off the floor as much as possible. Pull the cars out of the garage, and either sweep or wash away the dust, leaves, oil, and gunk.

CLEAN OUT THE CAR

Work as a family to take everything out of the car that doesn't belong there, and put it away. Throw away any trash, and vacuum out any crumbs or dirt.

FREE CHOICE!

Is there a different cleaning task you would love to take care of? Go for it! Just specify exactly what you've accomplished so you can receive credit.



CLEANING OUT TASKS



ONE KID'S CLOSET

After catching up with the laundry, work with your child to delete any outgrown or worn out clothes and shoes. Earn credit for each kid's closet you clean out.

DRESSER DRAWERS

Go through the smaller categories of clothes in your dresser. Toss or donate the worn out or unwanted clothes, and put the keepers back in an organized way.

MASTER BATHROOM

Empty your drawers and cabinets completely. Toss the trash, and put the keepers back nicely. Use an "Extras Bin" to keep duplicates from clogging your bathroom.

KID'S ART SUPPLIES

Work with your kids to gather all of the arts and crafts supplies from across the entire home. Toss the trash and put the keepers back in an organized way.

CATCH-ALL DRAWERS

Empty the junk drawer completely. Toss the trash, put things away that don't belong there, and turn that catch-all drawer into a functional miscellaneous drawer.

LONG-TERM STORAGE

I'm only challenging you to pick one category of stuff. Toss or donate the clutter, and organize the keepers. You can earn credit for every category you tackle!

THE REFRIGERATOR

Check everything in your fridge and freezer and toss all foods that have gone bad. Shift items that have been sitting around to the front as a reminder to use it up!

THE PANTRY

Scan through everything in your pantry for items that have expired or gone bad. Shift items that have been sitting around to the front as a reminder to use it up!

THE FILE CABINET

Scan each of your files for documents that you *obviously* do not need anymore. Shred the clutter and enjoy feeling the paper-load lighten!

FREE CHOICE!

Is there a different category of stuff you would love to clean out? Go for it! Just specify exactly what you've accomplished so you can receive credit.

Spring Cleaning Challenge

PROGRESS TRACKER

CLEANING UP TASKS

- RIGHT ROOM TIDY
- TIDY THE PLAY AREAS
- ONE BATHROOM
- KITCHEN COUNTERS
- DUST AND VACUUM
- MASTER BEDROOM
- ONE KID'S BEDROOM
- SWEEP THE GARAGE
- CLEAN OUT THE CAR
- FREE CHOICE _____
- FREE CHOICE _____
- FREE CHOICE _____

CLEANING OUT TASKS

- ONE KID'S CLOSET
- DRESSER DRAWERS
- MASTER BATHROOM
- KID'S ART SUPPLIES
- CATCH-ALL DRAWERS
- LONG-TERM STORAGE
- THE REFRIGERATOR
- THE PANTRY
- THE FILE CABINET
- FREE CHOICE _____
- FREE CHOICE _____
- FREE CHOICE _____

Be sure to get credit for all of this amazing work by submitting your **Official Task Form** before the deadline: **Midnight Saturday March 27.**

You've Got This!