

What Are Your Big Rocks?

The five most important priorities in your life are your Big Rocks.

List them on the five large rocks in the jar.

Then, list the less-important things in your life (on the smaller stones) that may be added in once the bigger priorities are taken care of.

When we try to fit all the smaller priorities first, the larger, more important ones won't fit. This is when we neglect the things that matter most to chase the smaller, less significant things.

What can you do today to keep your Big Rocks first in your life? Which small stones can you get rid of to make room?

Small Stones

Listen to Episode 076 of the Practical Family Podcast: Making Room So You Can Do What's Best.

